

Soft Skills

Soft skills are essential in the professional arena as well as in daily life of a person. These skills can be established and developed. Most of the employers in these days want to hire, retain, promote persons who are dependable, resourceful, ethical, self-directed, having effective communication, willing to work and learn having positive attitude. So, the attributes of soft skills need to be imbibed in students to show their real potential. Soft skills are also important to live a happy and peaceful life without any mental stress.

In the academic year 2020-21 our college organised online lectures for the soft skill development among the students.

List of Lectures organised on soft skills: -

Sr.No.	Name of the lecturer	Subject of Lecture	Date	Number of students
1	Mr.Bhosale D.G	Stress management	15/07/2020	40
2	Dr.Deshmukh P.V	Importance of reading habit in soft skill development	16/08/2020	50
3	Mr.Chopade A.S.	Soft skills and how to inbuild it	25/09/2020	45
4	Dr.Patil.S.D.	Soft skill management	27/10/2020	39
5	Mr.Jadhav S.M	Time management	15/01/2021	47

Language And communication

Language is a vital part of human connection. Although all species have their ways of communicating, humans are the only ones that have mastered cognitive language **communication**. Language allows us to share our ideas, thoughts, and feelings with others. It has the power to build societies, but also tear them down. Language is what makes us human. It is how people communicate. By learning a language, it means you have mastered a complex system of words, structure, and **grammar** to effectively communicate with others. To most people, language comes naturally. We learn how to communicate even before we can talk and as we grow older, we find ways to manipulate language to truly convey what we want to say with words and complex sentences. Of course, not all communication is through language, but **mastering a language** certainly helps speed up the process. This is one of the many reasons why language is important.

In our college in academic year for the betterment of English language and its communication in the students of rural areas we organised several online guest lectures on the English language and communication.

Sr.No.	Name of the Guest	Subject of Lecture	Date	Number of students
1	Mr.Kharade D.M.	English Grammar and its role in the communication	17/07/2020	60
2	Dr.D.G.Shahane	English Language of Knowledge	20/08/2020	57
3	Mr.U.V.Sawant	Why English is important	02/09/2020	48
4	Mr.Kharade D.M.	English as a Global Language	7/10/2020	43

Life Skills

1) **Yoga , Physical Fitness , Health and Hygiene:-** Yoga is a mind and body practice with a 5,000 years history in ancient Indian philosophy ,physical postures breathing techniques and meditation or relaxation. In more recent years form of physical exercise based on poses that promote improved control of the mind. Being modern yoga has evolved with a focus on exercise, strength, flexibility and breathing exercise and mental well-being. There are several importance of Yoga are given by the experts.

So, to promote importance of yoga Pratapsinh Mohite-Patil Mahavidyalaya organised different programs online for students during academic year 2020-21.

Name of Guest	Program	Date	Participants
Mrs.Pooja Zole	Celebration of international Yoga Day	21/06/2020	52
Mrs.Pooja Zole	Importance of Yoga	22/06/2020	40
Mr.Wagmare M.S.	Physical fitness	09/12/2020	55
Mr.Kapil Bhalerao	Health &Hygiene	10/12/2020	60